

Resources on Chemicals in Nail Salon Products

- [Toluene Infosheet \(PDF\)](#). OSHA. Gives information on the harmful effects of toluene on workers and how employers can protect them.
- [An Evaluation of Local Exhaust Ventilation Systems for Controlling Hazardous Exposures in Nail Salons](#). National Institute for Occupational Safety and Health (NIOSH). Results of a laboratory research project to evaluate the effectiveness of local exhaust ventilation controls for preventing worker exposure to chemicals in nail salons.
- [Summary of Data and Findings from Testing of a Limited Number of Nail Products](#). California Environmental Protection Agency, Department of Toxic Substances Control. Report assessing chemical composition of a limited assortment of nail salon products.
- [Glossed Over: Health Hazards Associated with Toxic Exposure in Nail Salons](#). Women's Voices for the Earth. Outlines several health hazards that may be present in nail salons and their potential solutions.
- [Understanding the Toxic Trio](#). California Healthy Nail Salon Collaborative. A two-page pamphlet that describes what you can do to limit exposures to formaldehyde, toluene, and dibutyl phthalate.
- [ToxFAQS™ for Di-n-butyl Phthalate](#). Agency for Toxic Substances and Disease Registry (ATSDR), (September 2001). Summarizes the properties and health.
- [Formaldehyde Fact Sheet](#). OSHA. Gives information on the harmful effects of formaldehyde on workers and how employers can protect them.
- [ToxFAQs™ for Formaldehyde](#). Agency for Toxic Substances and Disease Registry (ATSDR), (September 2001). Summarizes the properties and health.
- [ToxFAQs™ for Toluene](#). Agency for Toxic Substances and Disease Registry (ATSDR), (September 2001). Summarizes the properties and health.

Resources on How to Prevent Exposures and Protect Worker Health

- [Health Hazards in Nail Salons Presentation](#). OSHA. Training presentation that summarizes the information on OSHA's "Health Hazards in Nail Salons" webpage. Included information about the potential health hazards to nail technicians and other workers, and precautions that employers and workers can take to reduce exposures, injuries, and illnesses.
- [Stay Healthy and Safe While Giving Manicures and Pedicures: A Guide for Nail Salon Workers](#). Labor Occupational Health Program (LOHP), University of California, Berkeley and the California Healthy Nail Salon Collaborative.
- [Tips on Worker Safety](#). Labor Occupational Health Program (LOHP) and California Healthy Nail Salon Collaborative. Provides general tips for staying safe and healthy while working in nail salons. Also available in [Vietnamese](#).
- [Controlling Chemical Hazards During the Application of Artificial Fingernails](#). National Institute for Occupational Safety and Health (NIOSH). Describes how workers can prevent some of the potential adverse health effects of applying artificial fingernails.
- [An Evaluation of Local Exhaust Ventilation Systems for Controlling Hazardous Exposures in Nail Salons](#). National Institute for Occupational Safety and Health (NIOSH). In-depth report on a

laboratory research project to evaluate the effectiveness of local exhaust ventilation controls such as ventilation table and portable ventilation devices in preventing worker exposure to chemicals in nail salons.

- [Healthy Practices for Nail Salons Video](#). King County Local Hazardous Waste Management Program. Describes healthy operating procedures for nail salon workers.
- [How to Be Safe at Work](#). Oregon OSHA and Oregon Healthy Nail Salon Collaborative. Gives tips on how to prevent overexposure to chemicals in nail salons.
- [How to Handle Nail Salon Waste in King County](#). King County Local Hazardous Waste Management Program. Describes how to properly handle nail salon waste.
- [Nail Technicians' Health and Workplace Exposure Control](#). National Institute for Occupational Safety and Health (NIOSH) Workplace Safety and Health Topic. Lists research and publications helpful to preventing injuries and illnesses while working in nail salons.
- *Safe Nail Salon Training (in English and Vietnamese)*. Boston Public Health Commission. English language training presentation that teaches nail salon owners and workers to recognize workplace hazards, protect health, make improvements to eliminate hazards, and properly use and store hazardous chemicals.
- [Safe Nail Salons: Keeping You and Your Customers Healthy](#). Boston Public Health Commission. Describes nail salon health and safety measures in video format (in Vietnamese with English subtitles).
- [Will You Try These Ways to Protect Your Customers and Your Health?](#). King County Local Hazardous Waste Management Program, Environmental Coalition of South Seattle, and Community Coalition for Environmental Justice. Gives a brief overview of several measures to protect nail salons workers' health. Also available in [Vietnamese](#).
- *Guidelines for Controlling and Minimizing Inhalation Exposure to Nail Products*. Describes over exposure to chemicals, provides information on ventilation and dust masks, and lists important points for workers and employers to remember.
- *Guidelines for Controlling and Minimizing Skin Exposure to Nail Products*. Describes skin exposure and reactions, provides information on gloves and hand washing, and lists important points for workers and employers to remember.

General Information on Nail Salon Safety and Health

- [California Healthy Nail Salon Collaborative](#). The California Healthy Nail Salon Collaborative's mission is to assure healthy and safe working environments for nail salon workers. This website lists research and outreach publications related to its mission.
- *Oregon Collaborative for Healthy Nail Salons (OCHNS)*. The Oregon Collaborative for Healthy Nail Salons is an organization that works to improve the workplace health of nail salon workers. This website provides information and outreach publications related to its mission.
- *Safe Nail Salon Project*. Boston Public Health Commission. The goal of the Boston Safe Nail Salons Project is to protect workers and the public from exposure to hazardous chemicals and air pollution in nail salons.

- [Safety and Health Hazards in Nail Salons](#). Oregon OSHA Fact Sheet Plus. Describes the potential hazards of chemicals used in nail salons and what workers and nail salon owners can do to minimize exposure.

Additional Resources

- [Asthma and Allergies](#). National Institute for Occupational Safety and Health (NIOSH) Workplace Safety and Health Topic. Gives information about workplace conditions that can cause occupational asthma and how to prevent occupational asthma.
- [Health Hazard Evaluation, The Grand Experience Salon](#). National Institute for Occupational Safety and Health (NIOSH), (1998). Describes a National Institute for Occupational Safety and Health (NIOSH) investigation of the hazards found inside a specific nail salon and recommendations for preventing those hazards.
- [Health Hazard Evaluation, Haute Nails](#). National Institute for Occupational Safety and Health (NIOSH), (1992). Describes a National Institute for Occupational Safety and Health (NIOSH) investigation of the hazards found inside a specific nail salon and recommendations for preventing those hazards.
- [Health Hazard Evaluation, Tina and Angela's Nail Salon](#). National Institute for Occupational Safety and Health (NIOSH), (1992). Describes a National Institute for Occupational Safety and Health (NIOSH) investigation of the hazards found inside a specific nail salon and recommendations for preventing those hazards.
- [Indoor Environmental Quality](#). National Institute for Occupational Safety and Health (NIOSH) Workplace Safety and Health Topics. Gives information about the hazards in an indoor work environment and how to reduce exposure to them.
- OSHA Safety and Health Topics Pages:
 - [Dermal Exposure](#). OSHA. Includes information about chemicals that can cause damage to skin and chemicals that can enter the body through intact skin and cause other harmful effects.
 - [Indoor Air Quality](#). OSHA. Provides information about the hazards in an indoor work environment and how to reduce exposure to them.
 - [Occupational Asthma](#). OSHA. Discusses the causes and health effects of occupational asthma and possible solutions.
 - [Personal Protective Equipment](#). OSHA. Includes information about personal protective equipment (PPE) that is designed to prevent or lessen the severity of injuries to workers when other solutions are unavailable or do not help to lessen exposures to acceptable levels.
 - [Ventilation](#). OSHA. Discusses ventilation in the workplace. Ventilation is one of the most common engineering controls used to control chemical hazards in the workplace.

Help for Nail Salon Owners and Employers

- [Hazard Communication](#). OSHA. Describes manufacturers' and employers' responsibilities to provide information about the identities and hazards of chemicals used in the workplace.

- [Respirator Selection Logic](#). National Institute for Occupational Safety and Health (NIOSH), (2004). Provides guidance on the selection of appropriate respirators for specific work environments.
- [Small Business](#). OSHA. Provides links to many OSHA resources and information specifically for smaller employers, including safety and health tools and publications, easy-to-follow guides for specific OSHA standards, and descriptions of benefits that small businesses receive from OSHA.

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